



September 1, 2010

Via U.S. Mail  
Ms. Ann Cole  
Commission Clerk  
Florida Public Service Commission  
2540 Shumard Oak Boulevard  
Tallahassee, Florida 32399-0850

Re: Docket No. 100001-EI

Dear Ms. Cole:

Enclosed for filing on behalf of Progress Energy Florida, Inc. are an original plus seven (7) copies of FPSC 423 forms for the month of July, 2010, along with Progress Energy Florida, Inc.'s Request for Specified Confidential Treatment. Forms 423-1A, 423-2, 423-2A, 423-2B, and 423-2C contained in this filing have been edited to delete certain confidential information. An unedited copy of the 423 forms has been submitted for filing under separate cover.

Thank you for your assistance in this matter and if you have any questions, please feel free to contact me at (727)820-5184.

COM \_\_\_\_\_  
APA   1    
ECR   4    
GCL   1    
RAD   1    
SSC \_\_\_\_\_  
ADM \_\_\_\_\_  
OPC \_\_\_\_\_  
CLK \_\_\_\_\_

JB/emc  
Enclosures  
cc: Parties of record

Sincerely,

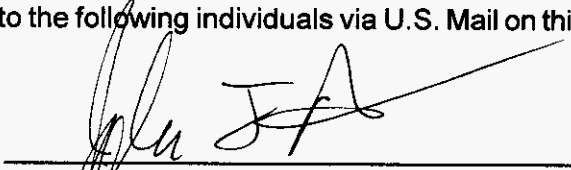
John Burnett  
Associate General Counsel

Progress Energy Florida, Inc.

CERTIFICATE OF SERVICE

Docket No. 100001-EI

I HEREBY CERTIFY that a true copy of Progress Energy Florida, Inc.'s FPSC 423 Forms for the month of July, 2010 have been furnished to the following individuals via U.S. Mail on this 1st day of September, 2010.

  
\_\_\_\_\_  
Attorney

<p>Lisa Bennett, Esq. Office of General Counsel Florida Public Service Commission 2540 Shumard Oak Blvd. Tallahassee, FL 32399-0850</p>	<p>Florida Public Utilities Company Curtis Young P.O. Box 3395 West Palm Beach, FL 33402-3395</p>
<p>Ausley &amp; McMullen Law Firm James D. Beasley, Esq./J. Jeffry Wahlen, Esq. P.O. Box 391 Tallahassee, FL 32302</p>	<p>Gulf Power Company Ms. Susan D. Ritenour One Energy Place Pensacola, FL 32520-0780</p>
<p>Beggs &amp; Lane Law Firm Jeffrey A. Stone, Esq./Russell A. Badders, Esq. Steven R. Griffin P.O. Box 12950 Pensacola, FL 32591</p>	<p>Ackerman Senterfitt Beth Keating, Esquire 106 E. College Avenue, Suite 1200 Tallahassee FL 32301</p>
<p>Brickfield Law Firm James W. Brew, Esq. 1025 Thomas Jefferson St., NW 8<sup>th</sup> Floor, West Tower Washington, DC 20007</p>	<p>Keefe Law Firm Vicki Gordon Kaufman/Jon Moyle 118 N. Gadsden Street Tallahassee, FL 32301</p>
<p>Florida Industrial Power Users Group John McWhirter, Jr. McWhirter Law Firm P.O. Box 3350 Tampa, FL 33601-3350</p>	<p>Young van Assenderp, P.A. Robert Scheffel Wright/John T. LaVia, III 225 S. Adams Street, Suite 200 Tallahassee, FL 32301</p>
<p>Florida Power &amp; Light Co. John T. Butler, Esq. 700 Universe Boulevard Juno Beach, FL 33408</p>	<p>Federal Executive Agencies Shayla McNeill, Capt. USAF c/o AFLSA/JACL-ULT 139 Barnes Drive, suite 1 Tyndall AFB, FL 32403-5319</p>
<p>Florida Power &amp; Light Co. Natalie F. Smith/R. Wade Litchfield, Esq. 215 S. Monroe Street, Ste. 810 Tallahassee, FL 32301-1859</p>	<p>Florida Retail Federation John Rogers 100 East Jefferson Street Tallahassee, FL 32301</p>

Tampa Electric Company  
Paula K. Brown  
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Tampa, FL 33601

Office of Public Counsel  
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The Florida Legislature  
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Bill McCollum/Cecilia Bradley  
The Capitol – PL01  
Tallahassee, FL 32399-1050

Progress Energy Florida, Inc.  
Docket No. 100001-EI

**Request for Specified Confidential Treatment**

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**423 Forms for July, 2010**

**CONFIDENTIAL COPY**

(Confidential information denoted with shading)

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DOCUMENT NUMBER DATE

07424 SEP-20

FPSC-COMMISSION CLERK

MONTHLY REPORT OF COST AND QUALITY OF OIL FOR ELECTRIC PLANTS  
ORIGIN, VOLUME, DELIVERED PRICE AND AS RECEIVED QUALITY



Report For: 7/2010  
Reporting Company: Florida Power Corporation

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028

Signature of Official Submitting Report: *Kelly Jo Irons*  
LaWanda Jiggets - Lead Business Financial Analyst

DATE COMPLETED 8/30/2010

Line No.	Plant name	Supplier Name	Shipping Point	Purchase Type	Point of Delivery	Date of Delivery	Type Fuel Oil	Sulfur Level (%)	BTU Content (Btu/gal)	Volume (Bbls)	Delivered Price (\$/Bbl)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)
1	Ancote	Transfer Facility	Martin Gas Terminal	N/A	FACILITY	7/2010	FO2	0.04	136,267	687.5	\$102.6276
2	Bartow Steam Plant	RIO Energy International Inc.	Houston, TX	LTC	FACILITY	7/2010	FO6	1.42	156,122	129,415.3	\$68.9224
3	Crystal River	Transfer Facility	Martin Gas Terminal	N/A	FACILITY	7/2010	FO2	0.04	136,267	5,100.2	\$102.3412
4	DeBary Peakers	Transfer Facility	Martin Gas Terminal	N/A	FACILITY	7/2010	FO2	0.05	138,000	176.8	\$98.0603
5	DeBary Peakers	Indigo Energy Partners	Tampa, FL	LTC	FACILITY	7/2010	FO2	0.05	138,000	31,067.4	\$92.6895
6	Intersession City Peakers (FL)	Mansfield Oil Company of Gainesville Inc.	Tampa, FL	LTC	FACILITY	7/2010	FO2	1.37	136,410	12,839.4	\$91.8209
7	Suwannee Steam Plant	Western Fuels & Asphalt Supply INC	Toledo, OH	LTC	FACILITY	7/2010	FO6	1.00	156,000	5,202.4	\$79.6681



MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY

**SPECIFIED  
CONFIDENTIAL**

Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: Associated Terminals

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028  
Signature of Official Submitting Report: LaWanda Jiggettts  
LaWanda Jiggettts - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Transportation Mode	Number Primary Shipping Units	Tons	Effective Purchase Price (\$/Ton)	Total Transportation Cost (\$/Ton)	F.O.B. Plant Price (\$/Ton)	As Received Coal Quality			
										Percent Sulfur (%)	BTU Content (BTU/LB)	Percent Ash (%)	Percent Moisture (%)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)	(m)	(n)
1	Constellation Energy Commodities Group Inc.	Nymex Pool	LTC	RB	9	15,687.7			\$72.127	0.90	11,945	11.31	7.79
2	Keystone Industries LLC	8,WV,39	MTC	RB	1	1,569.8			\$65.700	0.77	11,873	14.24	6.40
3	Massey Utility Sales Company	8,WV,39	LTC	RB	7	12,414.8			\$64.240	0.83	12,128	12.51	7.10
4	Oak Hill Corporation	Nymex Pool	LTC	RB	3	5,235.5			\$105.420	1.02	12,034	10.67	7.35
5	Riverview Mining LLC	9,KY,225	LTC	RB	6	12,086.1			\$48.820	2.92	11,531	8.01	12.04
6	Sempra Energy Trading	Nymex Pool	LTC	RB	1	1,781.6			\$72.990	0.81	11,809	11.83	7.78

MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY



Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: Crystal River

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028  
Signature of Official Submitting Report: *LaWanda Jiggett*  
LaWanda Jiggett - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Transportation Mode	Number Primary Shipping Units	Tons	Effective Purchase Price (\$/Ton)	Total Transportation Cost (\$/Ton)	F.O.B. Plant Price (\$/Ton)	As Received Coal Quality			
										Percent Sulfur (%)	BTU Content (BTU/LB)	Percent Ash (%)	Percent Moisture (%)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)	(m)	(n)
1	Alpha Coal Sales Co. LLC	8,KY,119	LTC	UR	2	10,880.7			\$147.375	0.99	12,519	10.89	5.38
2	B&W Resources Inc	8,KY,51	LTC	UR	1	11,658.5			\$148.125	1.23	12,114	11.86	6.55
3	B&W Resources Inc	8,KY,51	MTC	UR	1	11,321.9			\$86.523	0.99	12,292	10.00	7.48
4	Coaltrade LLC	8,KY,193	S	UR	1	11,592.2			\$101.584	1.10	12,228	11.61	5.78
5	Converse and Company Inc.	8,KY,95	S	UR	1	10,886.4			\$101.242	1.08	12,686	9.07	8.21
6	Converse and Company Inc.	8,KY,13	S	UR	1	11,132.3			\$102.704	1.13	12,713	7.82	7.38
7	EDF Trading North America LLC	8,WV,5	S	UR	3	34,709.5			\$100.597	0.85	11,846	13.09	7.07
8	ICG LLC	8,KY,193	LTC	UR	1	11,740.5			\$145.888	1.07	11,972	12.88	5.98
9	ICG LLC	8,KY,193	S	UR	3	35,035.1			\$100.309	1.40	12,115	11.94	6.10
10	James River Coal Sales Inc	8,KY,193	S	UR	2	11,801.5			\$104.031	0.94	12,691	9.00	8.77
11	Massey Utility Sales Company	8,WV,81	LTC	UR	1	9,127.8			\$98.145	1.34	12,301	11.72	7.53
12	Transfer Facility	N/A	N/A	OB	2	32,435.1			\$84.208	1.44	11,866	10.88	8.70
13	Transfer Facility	N/A	N/A	OB	8	130,509.8			\$80.496	1.66	11,534	10.13	10.89
14	Transfer Facility	N/A	N/A	OB	8	132,492.8			\$78.010	1.48	11,494	10.80	10.56
15	Traxys North America LLC	8,WV,5	S	UR	1	9,714.8			\$102.083	0.76	12,235	12.48	5.31



MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY



Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: IMT (Intl Marine Terminal)

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028  
Signature of Official Submitting Report: *[Handwritten Signature]*

LaWanda Jiggelts - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Transportation Mode	Number Primary Shipping Units	Tons	Effective Purchase Price (\$/Ton)	Total Transportation Cost (\$/Ton)	F.O.B. Plant Price (\$/Ton)	As Received Coal Quality			
										Percent Sulfur (%)	BTU Content (BTU/LB)	Percent Ash (%)	Percent Moisture (%)
1	Constellation Energy Commodities Group Inc.	Nymex Pool	LTC	OC	1	1,883.2			\$60.900	0.94	11,843	12.55	6.89
2	Constellation Energy Commodities Group Inc.	Nymex Pool	LTC	RB	18	7,083.8			\$75.381	0.90	11,962	10.53	8.68
3	Keystone Industries LLC	8,WV,39	MTC	RB	1	1,660.0			\$88.170	0.75	12,018	14.49	4.45
4	Massey Utility Sales Company	8,WV,39	LTC	RB	20	27,177.5			\$86.545	0.84	12,086	12.78	6.71
5	Oak Hill Corporation	Nymex Pool	LTC	RB	21	14,243.1			\$108.657	1.02	12,091	10.02	7.17
6	Peabody Coalsales LLC	10,IL,157	LTC	RB	18	16,298.6			\$49.249	3.02	11,041	8.74	13.42
7	Peabody Coalsales LLC	10,IL,165	LTC	RB	18	18,527.6			\$50.475	3.02	12,276	8.93	8.12
8	Riverview Mining LLC	9,KY,225	LTC	RB	57	43,784.7			\$51.109	2.94	11,538	8.01	11.98
9	Sempra Energy Trading	Nymex Pool	LTC	RB	10	5,020.5			\$75.152	0.89	11,916	11.89	7.55

MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY



Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: US United Bulk Terminal

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028  
Signature of Official Submitting Report: *LaWanda J. Jagguts*

LaWanda Jagguts - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Transportation Mode	Number Primary Shipping Units	Tons	Effective Purchase Price (\$/Ton)	Total Transportation Cost (\$/Ton)	F.O.B. Plant Price (\$/Ton)	As Received Coal Quality			
										Percent Sulfur (%)	BTU Content (BTU/LB)	Percent Ash (%)	Percent Moisture (%)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)	(m)	(n)
1	Constellation Energy Commodities Group Inc.	Nymex Pool	LTC	RB	39	38,050.0			\$72.517	0.90	11,866	11.49	7.90
2	Massey Utility Sales Company	8,WV,39	LTC	RB	17	17,343.4			\$64.312	0.84	12,140	12.50	6.82
3	Peabody Coalsales LLC	10,IL,157	LTC	RB	21	29,088.7			\$106.185	0.47	11,145	8.93	11.61
4	Peabody Coalsales LLC	10,IL,157	LTC	RB	5	6,931.6			\$105.234	0.45	11,140	8.95	11.52
5	Riverview Mining LLC	9,KY,225	LTC	RB	43	29,887.2			\$48.639	2.88	11,535	8.02	12.14

MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY

**SPECIFIED  
CONFIDENTIAL**

Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: Associated Terminals

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028  
Signature of Official Submitting Report: *LaWanda Jiggetts*

LaWanda Jiggetts - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Tons	F.O.B Mine Price (\$/Ton)	Short Haul & Loading Charges (\$/Ton)	Original Invoice Price (\$/Ton)	Retro- active Price Inc(Dec) (\$/Ton)	Base Price (\$/Ton)	Quality Adjust-ments (\$/Ton)	Effective Purchase Price (\$/Ton)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)
1	Riverview Mining LLC	9,KY,225	LTC	5,981.1		\$0.000		\$0.000			

MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY



Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: Crystal River

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028  
Signature of Official Submitting Report: *LaWanda Jiggetts*  
LaWanda Jiggetts - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Tons	F.O.B Mine Price (\$/Ton)	Short Haul & Loading Charges (\$/Ton)	Original Invoice Price (\$/Ton)	Retro- active Price Inc(Dec) (\$/Ton)	Base Price (\$/Ton)	Quality Adjust- ments (\$/Ton)	Effective Purchase Price (\$/Ton)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)
1	Alpha Coal Sales Co. LLC	8,KY,119	LTC	22,012.9		\$0.000		\$0.000			
2	B&W Resources Inc	8,KY,51	LTC	11,658.5		\$0.000		\$0.000			
3	B&W Resources Inc	8,KY,51	MTC	11,321.9		\$0.000		\$0.000			
4	Coaltrade LLC	8,KY,193	S	11,592.2		\$0.000		\$0.000			
5	Converse and Company Inc.	8,KY,95	S	10,997.5		\$0.000		\$0.000			
6	DTE Coal Services Inc	8,WV, 5	S	11,655.0		\$0.000		\$0.000			
7	EDF Trading North America LLC	8,WV,5	S	34,827.4		\$0.000		\$0.000			
8	ICG LLC	8,KY,193	S	35,035.1		\$0.000		\$0.000			
9	James River Coal Sales Inc	8,KY,193	S	23,445.5		\$0.000		\$0.000			
10	Massey Utility Sales Company	8,KY,195	LTC	11,470.5		\$0.000		\$0.000			
11	Massey Utility Sales Company	8,WV,81	LTC	9,127.8		\$0.000		\$0.000			
12	Traxys North America LLC	8,WV,5	S	9,714.8		\$0.000		\$0.000			

MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY



Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: IMT (Intl Marine Terminal)

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028  
Signature of Official Submitting Report: *LaWanda Jiggetts*

LaWanda Jiggetts - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Tons	F.O.B Mine Price (\$/Ton)	Short Haul & Loading Charges (\$/Ton)	Original Invoice Price (\$/Ton)	Retro- active Price Inc(Dec) (\$/Ton)	Base Price (\$/Ton)	Quality Adjust-ments (\$/Ton)	Effective Purchase Price (\$/Ton)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)
1	Massey Utility Sales Company	8,WV,39	LTC	5,124.7		\$0.000		\$0.000			
2	Oak Hill Corporation	Nymex Pool	LTC	18,777.0		\$0.000		\$0.000			
3	Peabody Coalsales LLC	10,IL,157	LTC	28,056.7		\$0.000		\$0.000			
4	Riverview Mining LLC	9,KY,225	LTC	64,493.0		\$0.000		\$0.000			
5	Sempra Energy Trading	Nymex Pool	LTC	5,181.0		\$0.000		\$0.000			

MONTHLY REPORT OF COST AND QUALITY OF COAL FOR ELECTRIC PLANTS  
ORIGIN, TONNAGE, DELIVERED PRICE AND AS RECEIVED QUALITY



Report For: 7/2010  
Reporting Company: Florida Power Corporation  
Plant Name: US United Bulk Terminal

NAME, TITLE, TELEPHONE NUMBER OF CONTACT PERSON CONCERNING DATA  
SUBMITTED ON THIS FORM: Kelly Jo Irons, Associate Business Financial Analyst, (919) 546-5028

Signature of Official Submitting Report: *LaWanda Jiggetts*  
LaWanda Jiggetts - Lead Business Financial Analyst

DATE COMPLETED 8/19/2010

Line No.	Supplier Name	Mine Location	Purchase Type	Tons	F.O.B Mine Price (\$/Ton)	Short Haul & Loading Charges (\$/Ton)	Original Invoice Price (\$/Ton)	Retro- active Price Inc(Dec) (\$/Ton)	Base Price (\$/Ton)	Quality Adjust-ments (\$/Ton)	Effective Purchase Price (\$/Ton)
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)
1	Constellation Energy Commodities Group Inc.	N/A	LTC	37,772.5		\$0.000		\$0.000			
2	Massey Utility Sales Company	8,WV,39	LTC	8,918.5		\$0.000		\$0.000			
3	Oak Hill Corporation	Nymex Pool	LTC	1,812.4		\$0.000		\$0.000			
4	Peabody Coalsales LLC	10,IL,157	LTC	11,030.7		\$0.000		\$0.000			
5	Peabody Coalsales LLC	10,IL,165	LTC	12,618.4		\$0.000		\$0.000			
6	Peabody Coalsales LLC	10,IL,165	LTC	20,190.7		\$0.000		\$0.000			
7	Peabody Coalsales LLC	10,IL,157	LTC	6,931.6		\$0.000		\$0.000			
8	Riverview Mining LLC	9,KY,225	LTC	58,213.7		\$0.000		\$0.000			
9	Sempra Energy Trading	Nymex Pool	LTC	3,505.0		\$0.000		\$0.000			









