

OLDER AMERICANS MONTH



AGE OUT LOUD: MAY 2017

The Commission's outreach team used OAM 2017 as a backdrop for partnerships with several senior centers in Tampa, Ocala, and Mayo. This year's OAM theme, "Age Out Loud," emphasized the ways older adults are living their lives with boldness, confidence, and passion while serving as an inspiration to people of all ages.

OAM organizers say that today, "aging is about eliminating outdated perceptions and living the way that suits you best." While event participants proved that Florida seniors lead busy, active lives, PSC staff inspired them with some examples of seniors crushing the "Age Out Loud" theme:

- ◆ Take Barbara Hillary, for example. A nurse for 55 years who dreamed of travel, at age 75 Hillary became the first African American woman to set foot on the North Pole. In 2011, at age 79, she set another first when she stepped onto the South Pole.
- ◆ Former President George H.W. Bush celebrated his 90th birthday by skydiving.
- ◆ Actress Betty White, now 95 years old, became the oldest person to host Saturday Night Live in 2010, coincidentally during May—the same month recognized as Older Americans Month.

Since 1963, communities and agencies across the state and nation have joined in the annual OAM commemoration. For more information about OAM, visit <https://oam.acl.gov/>.