

Florida PSC Highlights Efficient Energy Use During Energy Awareness Month

TALLAHASSEE — National Energy Awareness Month, observed each October, highlights the importance of efficient energy use. The Florida Public Service Commission (PSC) joins the U.S. Department of Energy initiative to encourage smart energy use at home, at work, and at play.

“Energy Awareness Month reminds us that there are many ways to conserve energy,” said PSC Chairman Mike La Rosa. “By making small changes in our daily routines, we can reduce energy use and, as a result, lower our monthly consumption.”

With the increasing demand for energy, responsible energy consumption is becoming even more important. Simple strategies to reduce your overall energy footprint at home can include: seal air leaks, upgrade to energy-efficient appliances, replace bulbs with LEDs, and use programmable thermostats.

At work, use motion sensors to automatically turn off lighting, replace desktop computers with laptop computers, unplug equipment that drains energy when not in use, and purchase office equipment with power management features. By implementing these conservation tips, not only will you reduce energy usage, but you may also lower your utility costs.

For more information, see the PSC's [Conservation House](#) and [Conserve Your World](#) publications for specific tips on conserving energy. To encourage children to learn conservation strategies, see the PSC's [Get Wise and Conserve Florida!](#) student resource guide. Join the [PSC on X, @floridapsc](#), for weekly #EnergyAwarenessMonth tips on how you can save energy at home and at work.

Conservation tips are also available from the U.S. Department of Energy's Energy Efficiency and Renewable Energy [website](#).

For additional information, visit www.floridapsc.com.

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